



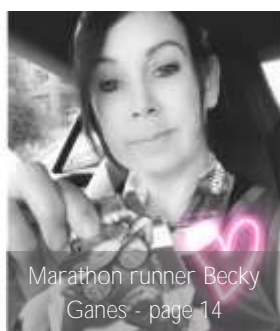
CONGRATS & THE BEST OF LUCK TO ...



Podcaster Penny Bell -
page 12



Student Isabelle Davies -
back page



Marathon runner Becky
Ganes - page 14



Recently ordained George
Frost - page 12



Litter picker Lord Swansea -
page 9



Longest resident, Ivy
Haynes - page 16



Show jumper Gemima
Cooper - page 14



For Ideas that could help
your garden have a positive
impact on the environment
see page 6



Celebrating 50 years

Your name in lights?

GMADS is looking for performers,
stage hands and more for its next
mega production!

See page 9

Inside this issue:

Cold Ashby P3

Cottesbrooke P4

Creton P5-8

Guilsborough P9-11

Hollowell P12-15

Thornby P16

Church P17-18

WHAT'S ON

AUGUST

3rd - SSPPG meeting, see back page
15th - Cottesbrooke Gardens Open

SEPTEMBER

4th and 5th - Learn to Sail, Hollowell
4th - Guilsborough Village Clean Up
14th - Creton PC meeting
15th - Hollowell PC meeting
18-19th - West Haddon Photo Show
Tuesday and Thursday evenings GMADS
rehearsals Guilsborough

AND REGULARLY ...

Monday mornings, MMM Guilsborough
Thursdays, Family Activity Picnics, see p17
Multiple activities Guils V.Hall - see p11
Sunday mornings and Tuesday evenings - member
tennis Guilsborough, see p10.

COTTESBROOKE VILLAGE GARDENS



SUNDAY 15TH AUGUST
2.00 – 5.00pm

9 GARDENS OPEN
CREAM TEAS

Admission £5
In Aid of the Village Hall and All Saints Church
Cottesbrooke

Creaton Village Shop

Creaton Village Shop

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Sat/Sun: 8.00am - 12 noon

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VILLAGE LINK

is a bi-monthly publication delivered free of charge to households in Cold Ashby, Cottesbrooke, Creton, Guilsborough, Hollowell, Teeton and Thornby. It is produced and distributed by volunteers. Due to restrictions of time and space there is no guarantee that copy submitted will be used. All funds received from advertising go towards printing costs.

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Wherever possible please email your contributions to: editorial@villagelink.org.uk. This saves considerable time re-typing information! When providing hard copy materials, please post to Angela Hubbard, The Old Sun, High Street, Guilsborough.

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DEADLINE FOR NEXT ISSUE:
Wednesday 1st September 2021

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GLORIOUS GARDENS



It was so lovely to be able to open once again this year and we welcomed lots of visitors to our 12 beautiful gardens.

Despite the heat, everyone had a lovely afternoon wandering round the village and enjoying tea and cakes in the shade.

All proceeds raised are in aid of St Denys church.



CLEARING UP AFTER YOUR DOG

Your correspondent has been asked to remind dog owners that picking up after your pets and proper disposal of dog waste, securely wrapped and in a bin is a legal requirement.

We have several strategically placed dog waste bins in the village which would seem the obvious choice. It is legal also to place bagged waste in a litter bin or your own black waste bin at home.

From my own observations while walking the lanes, footpaths and bridleways around Cold Ashby I can confirm that the majority of our dog owners take special care to keep our village free of this danger to health and we thank you sincerely for this. However, abandoned full bags can still be seen on rights of way and in hedges. **This practice is officially 'littering' and can lead to the same penalty as dog fouling. Finally, please also remember that for everyone's health and safety, dogs are not permitted on the playing field or children's play area.**





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COTTESBROOKE NEWS

THAT WAS THEN....



VILLAGE OF COTTESBROOKE.
With Foston Hall's Cottage on the right.

This picture was taken from the sale catalogue of the Langham Estate in 1910. The scene has not changed that much. If you have pictures of Cottesbrooke, past and present, and perhaps a little history of the village, do contact Village Link. We would love to publish it and tell others about Cottesbrooke.

OPEN GARDENS

You may recall the short piece on these pages in the last edition of Village Link, about the gardens at Cottesbrooke Hall. In August there is the opportunity to peer over the fences and poke around the beds of some of the other gardens in the village. Between eight and ten gardens will be open for the afternoon of Sunday August 15th.

I expect that as in previous years, this will be a great opportunity to wander the length of the village, looking at small and large, simple and complex plots, to inspire and to make us think - and probably rush home and do something with our own lot.

The big challenge for me each year is to see all the gardens, do them justice and still get back in time for a cream tea, though I am thinking of changing my strategy and going for the cream tea first.

Cottesbrooke Village Gardens will be open from 2.00 - 5.00pm **on Sunday August 15th. Admission is £5 and both parking and tickets will be available from the village hall - as, I hope, will be the cream tea.** (Had I mentioned that cream teas can be had?).

Bandhu

COTTESBROOKE VILLAGE GARDENS



SUNDAY 15TH AUGUST
2.00 – 5.00pm

9 GARDENS OPEN
CREAM TEAS

Admission £5
In Aid of the Village Hall and All Saints Church
Cottesbrooke



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Whether you would like help regarding a specific health issue or whether you want to understand the best nutrition and supplement choice for you then I'm here to advise you.

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For further information contact Carrie on:

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CREATON SINGERS

As the summer ticks by the Creaton Singers have been grateful to be able to sing together on Zoom, albeit on mute! The range of songs has been extensive, including some old favourites and some more complex pieces in three parts. As ever, the Singers are very grateful to Glennis Ambrose their Musical Director for tirelessly playing and encouraging everyone to keep focussed as the months tick by. Tony Ambrose bravely sings solo to lead everyone, which is a winning formula.

Hopefully as lockdown starts to lift, the Singers will be able to meet in person and start singing together. Singing is so uplifting so if you would like to join the group please get in touch.

CREATON WALKERS

Summer is certainly here with its usual mixture of glorious sunshine and rain, making walking an absolute pleasure as nature is bursting out all around. The Creaton Walking Group had a lovely walk in June from Clipston over the fields to Kelmarsh, enjoying the wild flowers which seem to be more expansive than ever. The group then had lunch at the pub and were delighted to be joined by more supporters than walkers! The July walk was from Little Brington, over the stunning Althorp estate and surrounding countryside. The group enjoyed the flora and fauna but more importantly the fellowship and camaraderie of their fellow walkers. Everyone has really missed being able to walk together.

If you enjoy walking, why not join the walkers on the second Saturday of the month for an 8 mile circular walk followed by an optional pub lunch. We meet at Creaton lychgate at 10am.

Next walks are on:

Saturday 14 August

Saturday 11 September which includes the Historic Churches Ride and Stride



CREATON WI

We meet on Zoom on the second Wednesday of the month and, weather permitting, in person on the playing field for coffee and chat at 11am on the fourth Wednesday of the month. Please do join us.

Our Zoom speaker in August will be Kate Wills on the History of Northamptonshire, including the village of Creaton. In September Millie Fyfe will talk about Food and Farming, from Farm to Plate. For more information, please contact Daphne Clark on 505546 or email wicreaton@gmail.com.



FRIENDS OF ST MICHAELS HISTORY GROUP

It has been a long time since we met and I am sure we all want our talks to start again. The Committee hope it will be possible to start in September but it will depend on restrictions being **lifted and the Church being willing to let us use it. So let's all** look forward to getting together.

VILLAGE HALL UPDATE

You may have been wondering how our Village Hall has been coping during the pandemic and lockdowns. The pandemic measures obviously meant that many people were unable to use **the Hall for children's parties, other regular activities and fund** raisers.

The Committee are very keen to reopen soon as conditions allow. We had planned to refit the kitchen while the hall was not in use but a pesky leak in the kitchen roof is proving difficult to repair and has put things on hold.

On the bright side the Hall is financially secure and we fully intend to upgrade our facilities and welcome the village back. So if you have any good ideas about what events might cheer us up when we return to normal use, please let the Committee know.

Kate McEwan.

Secretary CVHMC

Tel: 505406



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BASED IN CREATON

CREATON NEWS

BEYOND NO-MOW MAY

Did you know that the collective area of our gardens is greater than that of all the nature reserves in UK? So, our gardens can make a massive contribution to our wildlife and biodiversity, and the way we garden can also have an impact on carbon emissions and water use. Soil is a huge carbon store, so disturbing the soil as little as possible (the principle behind no-dig gardening) reduces the release of carbon into the atmosphere. Also, being less tidy in the garden overall provides shelter and nourishment for wildlife – perfect for those gardeners who are short on time!

Here is a list of things that can help your garden have a positive impact on the environment:

Mow less frequently, and leave some areas of grass to grow long and go wild. This will increase the biodiversity on your lawn and also lower carbon emissions from mowing (one hour mowing with a petrol mower is as polluting as driving 93 miles in a car).

Choose peat-free compost and buy plants grown in peat-free compost. Peat bogs are a major carbon store and digging them up to use peat in compost releases huge amounts of carbon into the atmosphere.

Encourage pollinators by growing native plants.

Use natural pest control and fertilizers. Harmful pesticides can kill vital pollinators.

Create a wildlife area. A pile of sticks, leaves or other garden trimmings left in a corner can provide shelter for all sorts of wildlife.

Make a pond. Even a tiny pond will welcome a wider variety of

species to your garden (remember to include sloping sides or stones to help hedgehogs to climb out).

Contribute to a hedgehog highway. Make holes at the base of your fences to allow hedgehogs to roam from garden to garden as they have a large territory.

Provide food and water for birds.

Try growing your own vegetables. Even a few pots of your favourite herbs would start to help reducing food miles and plastic waste.

Recycle rainwater. Use a water butt - and those half-drunk bottles of water!

Embrace the weeds (and a lazier approach to gardening in general). Dandelions get a bad press but they are a vital early source of nectar for bees.

For more information visit <https://www.plantlife.org.uk/> and to find out more about how to create a wildlife garden visit <https://www.nationaltrust.org.uk/features/nine-ways-to-build-a-wildlife-friendly-garden>

If you'd like to know more about low carbon gardening, there's some great advice from gardening journalist and author Sally Nex at <https://sallynex.com/home/>.

Clare Slater

Member of Climate Action – West Northamptonshire (Facebook: @climateactionwestnorthants)

Sustainable-ish Ambassador for Northampton <https://www.facebook.com/groups/sustainableish.northampton/about/>

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or the attic?**



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OVER THE COUNTER

At Creaton Village Shop, the early bird catches the croissant, which is definitely much more delicious than the worm, and, if you are early enough, still warm. The fresh bread is proving to be a great hit, especially when the shop donated croissants to the young people studying at home during the lockdown. Apparently it was one of the more successful ways to get them out the house!

It's not all carbs though. The shop has a full range of fresh and seasonal fruit and veg delivered several times a week, currently including strawberries, raspberries and melon, just the thing to round off your barbecue. To accompany these alfresco food fiestas, you can also support local producers with exciting local beers and wines. It is amazing how much alcohol is made in the area: Creaton Grange Ales, Phipps in Northampton, Towcester Mill, Fleurfields Vineyard in Brixworth, and Stoneyfield Vineyard in Blisworth.



Creaton Village Shop, Opening Day, August 2018

Creaton Village Shop also donated crispy croissants to those living alone, and to the shareholders of Creaton Community Benefit Society (CCBS). It is these investors in our community that gave rise to our community shop in the first place and, at the end of August as the shop celebrates its third birthday, we are all very grateful that this excellent work continues. Membership of CCBS is open to all.

As a community shop, the volunteer staff are the backbone, and there is always at least one volunteer on duty – two in the early mornings when the bread needs baking. It is wonderful to have so many new people who have recently stepped forward, willing to give a couple of hours every week or so. You need to be at least 14 years of age to help, which means for those doing the Duke of Edinburgh Award, you can use hours volunteering in the shop towards your award. Naturally every volunteer will get a glowing reference – you should see mine.

If you have a couple of hours to spare on a flexible basis please email Claire Morrell at ClaireMorrell1@gmail.com

Vigilis

Your Shop. Our Shop. Creaton Village Shop.

Creaton United Reformed Church

You are warmly welcome to join us for our Sunday Worship and Junior Church.

Date/ Time		Service Led By
August		
Sunday 8th 11am	Worship & Holy Communion	Jon Heard
15th 11am		Rev Tim Huc
22nd 11am		Rev Geoff Townsend
29th 11am	Group Pastorate Service on Zoom	
September		
5th 11am	Worship & Holy Communion	Rev Geoff Townsend
12th 11am		Jon Heard
19th 11am		TBA
26th 11am		Rev Geoff Townsend

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CREATON Parish Council News

www.creaton.org.uk

Creton Parish Council Contact Details:

Parish Clerk: You can contact our Parish Clerk for Creton Parish Council, Katrina Jones on cretonpc@gmail.com or by telephone on 01604 740862.

Agendas and minutes of meetings are available on the village website www.creaton.org.uk



The Parish Council also has a Facebook page.

Meetings are held bi-monthly at 7.30pm. Due to the expiry of government provisions allowing virtual meetings, future meetings must be held in person so they will no longer take place via zoom. Please check the parish council website for details of future meetings and agendas.

Parish Council Meeting dates 2021:

Meetings will continue to be held on the second Tuesday of each month at 7.30pm. The dates for 2021 are: 14th September 2021; and 9th November 2021. These are subject to change depending on government guidance.

Planning Applications:

Please visit the Daventry section of the West Northamptonshire Council website for full details of all Planning Applications.

<https://westnorthants.gov.uk>

Village Speed Signs

The two speed signs purchased and put by in place by the parish council are showing good results. Data collected from the equipment in active and dormant modes shows that in the majority of cases drivers slow when they see the signs.

This is not always the case, and there are some persistent offenders, particularly on the Weedon Road. We have therefore installed fixings for the mobile sign at another location on Weedon Road. Whilst we can be confident that this will have a positive impact, we can be equally sure that sadly it will not eradicate the problem completely.

Fix My Street

Residents are reminded to report any problems with roads or pavements to West Northamptonshire Council via Fix My Street <https://fixmystreet.northamptonshire.gov.uk/>

Parish Councillor Vacancy

We have a vacancy for a councillor. Can you afford to give 1-2 hours of your time a month to help make decisions about how various matters in Creton are managed and funded?

As a Parish Council we have the ability to make change or influence outcomes in our community.

If you have ideas for the village that you would like to see brought to fruition then please contact Katrina Jones (contact details opposite) for more information, or speak to any of the current councillors for an informal chat. We look forward to welcoming you!

CREATON PARISH COUNCIL

PARISH COUNCILLOR VACANCY



Do you want to make a real difference in your community?
Want to turn your ideas into actions to improve your area?
Do you have a couple of hours to spare each month?

If yes then why not apply to be a Councillor?

For more information contact the parish clerk at cretonpc@gmail.com before 1st July 2021

GUILSBOROUGH NEWS



WANTED – actors, musicians, helpers

Live performances are back!

In spring 2022 we are planning a musical extravaganza loosely based on *Around The World In 80 Days*.

The script involves lots of people all playing different parts, some speaking, some not, so there is something for everyone! There are 80 characters and 12 songs so it should be a really fun and creative show. Also, hopefully something quite spectacular for our loyal audiences!

Roger Brandon-Jones, our multi-talented stage director, has specially written it as a unique production for what will be **GMADS' 50th year**.

We would like to welcome new members to our friendly group. We need actors but also musicians as live music will be a must for this. We need support for backstage, costume and props too.

We rehearse on Tuesday and Thursday evenings starting September – check our website www.gmads.co.uk for dates. Please come along to the first rehearsal to see if it's for you. Or call our chair Dorothy Whittaker on 01788 510392.

PARISH COUNCIL NEWS

PLAYGROUND UPDATE

We've recently seen just how much of our equipment is needing replacement; highlighted by one of the timbers on the clatter bridge totally failing. In the last edition of Village Link we appealed for parishioners to come forward to help us by **forming a Playground Committee and we're pleased to say that we have had some success with a few people volunteering – but there's still room for more!** If you would like to have a direct input into how our play area will be improved then please do contact us. You can email me, Tony Hart through our clerk at Guilsborough.pc@gmail.com, or you can phone/message me on 07917101008 or respond to the post on Guilsborough's Facebook page "The Guilsborough Hub". This is a great opportunity to influence what we provide for your children.



THANK YOU TO LORD SWANSEA

Richard Swansea is seen in all weather with his stick, hat and bag picking up litter from the roadside and hedges in Guilsborough, making our village a more beautiful place. He was given an award and an engraved paper weight from Guilsborough Parish Council on 14th June for his amazing effort in litter picking in Guilsborough and surrounding villages. **He is one of our front page "Local Winners".**



VILLAGE CLEAN UP

The council are organizing the annual village tidy up on Saturday 4th September. This is our chance to make Guilsborough look extra smart and all help is appreciated—if you can only spare an hour or two please come along. Meet at the Village Hall at 10am. Children need to be accompanied by a responsible adult. For more information see posters around the village, The Hub or call/message Katie 07747 604067 or Ian 07704 017464.



NEW COUNCILLOR WELCOME

We are pleased to welcome Lisa Phillips as our newest councillor, Lisa is a Guilsborough resident and will be responsible for emergency planning as well as the standard councillor duties.

As always Parish Council meeting minutes and information can be found on the website www.guilsboroughpc.org.uk or on the noticeboard in the center of Guilsborough.

CHRISTIAN AID THANK YOU

We posted envelopes through every door in the village during **Christian Aid week in May but didn't collect door to door this year**—instead we had collection points throughout the village and online giving.

Many thanks to those who helped during the week this year and to those who donated.

Over £500 was raised including gift aid.

GUILSBOROUGH NEWS

HISTORY

In 1925 the National Playing Fields Association (NPFA) was set up by Brigadier-General Reginald Kentish, and was founded by the Duke of York, later King George VI, who was the first president. This royal link continues today with Queen Elizabeth II as Patron since 1952 and the late Prince Philip, Duke of Edinburgh, as President from 1947 until he stepped down in 2013 to be succeeded by his grandson Prince William, Duke of Cambridge. The objective was to safeguard and secure playing fields, sports grounds and open spaces to the benefit of the whole community. The Guilsborough Playing Field Association has been in existence since 1977, following a Parish Council initiative to set up a sub-committee whose efforts culminated in the purchase of 7.5 acres of land from the late Sir John Lowther for sporting and recreational facilities for Guilsborough Parishioners. The Field was purchased from grants and village fundraising events. The GPFA was subsequently registered as a charity with the Charity Commission and has Trustees and a Management Committee.

About £12,000 p.a. is needed for operating and maintenance costs, and about 25% is raised by the organisations using the facility, with the GPFA raising the remainder. No financial support comes from the parish stipend. The GPFA's longer term objective is to make the Field freely available to all villagers. Additional money is raised for capital projects, and over **£200,000 has been raised by the GPFA** in the last 30 years towards a new pavilion and tractor shed opened in 1994 and a range of sporting equipment. There is an eight wicket cricket square, an artificial cricket pitch, two cricket practice nets, one practice cricket cage, two football pitches and moveable goals, and six sports fitness exercise machines.

COMMITTEE VACANCIES

A new treasurer is needed by the GPFA. The key roles are controlling and monitoring what comes in and what goes out of the GPFA accounts, authorizing and paying invoices mainly by BACs payments, and preparing annual accounts. The current treasurer has done an excellent job in creating spreadsheets that make the role relatively straightforward and quick to administer. In addition the Treasurer contributes to **the GPFA's General Committee** plans and decisions. The GPFA hope that a parishioner is willing to volunteer for this role. The GPFA meets only 3-4 times per annum and most correspondence is by email. If interested, please contact the GPFA secretary Graham.Byars@hotmail.com on 01604740545 / 077112649833 or the Chairman, Simon Smith.

GPFA General Committee Members

The GPFA is also asking parishioners to consider joining the GPFA General Committee in roles such as fundraising and facilities maintenance. **The GPFA's normal fundraising events** have been severely restricted over the last two years by COVID, and hence only essential expenditure has occurred. Please contact the GPFA Secretary or Chairman for info. Dog faeces have been found at the field, some on the cricket



Dog faeces have been found at the field, some on the cricket square. The GPFA reminds all dog walkers that the Playing Field is a sports ground, continually used by adults and children, and hence out of respect for users, please ensure your dog does not foul the field, is under control and on a lead.



Some vandalism has occurred at the field; some seating was damaged and the Community police have visited those responsible. In addition, considerable amounts of plastic bottles and wrappers have been left by the pavilion and goalposts, some being mangled by the gang mowers that creates sharp edges that can harm young children playing football. Those who use the field are asked to be vigilant and report incidents to the secretary.

FOOTBALL NEWS

Since the beginning of 2021, 14 games have been played at Guilsborough, with many midweek practices, despite COVID restrictions resulting in some games being cancelled. Football has now finished for the season. Northants FA set up friendly mini league games that were all played successfully and due to the disruption from Covid the season went on longer than normal to the 19th June. The 3 teams enjoyed their time at Guilsborough but all now move onto new age groups. Next season we will welcome new teams from West Haddon JFC and look forward to a similar number of matches being played in the village.



Guilsborough Tennis Club

at Guilsborough Academy

SUMMER COACHING PROGRAMME on
Sundays in August

TENNIS TOURNAMENT in August

AGM 29th September

We have Family, Individual or Student categories of membership. All enquiries to Sarah either by phoning 07917 608238 or email: SarahDalzell57@gmail.com.



GUILSBOROUGH NEWS



PRIMARY SCHOOL

Despite everything, it's been another super summer term here at Guilsborough CofE Primary School.

In keeping with the summer of sport so far, and **with restrictions easing, we've been competing in lots of Pacesetters** Sports competitions, including a Year 1 Uni Hockey festival, which we **WON**, Year 6 Dodgeball, Year 2 football and a Year 5 hockey tournament, as well as a Year 4 Athletics tournament where we came a close second. We also held our own school sports day and our Year 4 children were able to take part in the Peterborough Diocese Education Trust Sports day too, where they competed against all other Trust schools. Go team Guilsborough!

On Friday 2nd July, our whole school took part in 'Picture News Day', where children watched live lessons from the Picture News team and took part in discussions about what is going on in our world around us. It was a very exciting day with lots of new learning taking place.

Our Drama Club pupils were able to perform their take on **Shakespeare's 'A Midsummer Night's Dream' in our playground**, allowing all our class bubbles to watch this exciting show during the afternoon. Big thanks to Jenny Sheehan for all her hard work and effort spent making this happen.

We've also made sure that our wonderful Year 6 children have had a memorable last term at school. They took part in an in school residential where we completed lots of activities, including a very high climbing wall, skate and scooter workshop, pizza and film night, as well as archery. They had lots of laughs along the way and seemed **to thoroughly enjoy themselves. I'm not sure I can say the same for** the adult volunteers, who gave up their weekends so it could all happen and slept on the floor of the school hall with the children!

We couldn't let them leave us without some sort of end of term send-off either and therefore arranged a virtual leavers evening with a Hollywood glamour theme. We celebrated every child and their achievements during the year. We will miss them dearly but, of course, wish them every success in their futures whatever they go on to do.

Looking forward to a bubble free September, we welcome our new Reception children and their families as we continue to build brighter futures and achieve more together. It has certainly been an **unpredictable year and I'd like to extend my thanks to all our Guilsborough family and community for all the support we've received.**

Mrs K Shilliam Headteacher



MMM



Monday Morning Meet

Guilsborough Village Hall
9 – 11am every Monday
(excluding Bank Holidays)

All welcome, baby – OAPs.
Baby & toddler toys for youngsters.
Meet for a chat, knit, hot drink & cake.
Only £2/adult - includes refreshments.
Children are free.

We will need to adhere to government Covid guidelines during the session.

For more information contact: Janet 01604 740640

VILLAGE HALL NEWS

We thought you may like to know what is taking place in the village hall.

Monday:

Morning MMM Afternoon Bowls
Early evening - Brownies - when able to meet again.
Monthly Parish Council

Tuesday:

9.30 - 10.30am Pilates
7.30 - 9.30pm GMADS occasional weeks.

Wednesday:

10.30 - 11.30am Nia Dance Class
6 - 7 pm Pilates weekly 7 - 8 pm Guides alternate weeks.
3rd week - Stitching Bee afternoon & evening

Thursday:

7.30 - 9.30pm GMADS occasional weeks

Friday, Saturday & Sunday:

Stitching Bee Workshops - various dates through autumn.

There is availability for fundraising, parties etc.

The village hall has been painted during the last 12 months and is looking very smart.

Bookings: Either via website: [https://](https://www.guilsboroughvillagehall.com)

www.guilsboroughvillagehall.com

Or 07342 382706

HOLLOWELL NEWS

HOLLOWELL PODCASTER SHORTLISTED FOR AWARD



Hollowell Podcaster Penny Bell, has been shortlisted for a prestigious award for her on-line broadcasts about dementia. Penny's podcast, called "Discovering Dementia", has been **nominated for the 'Best Wellbeing Podcast' at the British Podcast Awards** - the podcast equivalent of the BAFTAS. Penny started the podcast after her mother's diagnosis of mixed dementia (Alzheimer's disease and vascular dementia) in 2016.

She has now created two series, with 17 episodes covering everything from the day her mum received her diagnosis, through to different types of technology that can help people living with dementia remain as independent as possible. There are also episodes that include interviews with staff at Northampton General Hospital NHS Trust.

The podcast, which is both touching and utterly compelling, introduces listeners to dementia in a very personal way by including them in conversations between Penny and her mum as they navigate the condition. It is a mixture of audio documentary and interviews with people who are living with dementia in different ways, and some of the organisations that help them.

Penny says: "My mum's goal when deciding to take part in the podcast was to help reduce the stigma that can so often be associated with dementia. It is progressive in nature but there is so much you can still do, especially in the early stages, and you should continue to do the things you love for as long as you can."

"We are very grateful to everyone who has taken part and shared their stories. It is good to know that what we have recorded has resonated with so many. The podcast sector has grown hugely over the last few years so to be nominated for an award feels like such an honour."

ORDINATION OF HOLLOWELL'S GEORGE FROST

For the first time in living memory, and quite possibly since St. James's Church was built in the 1840s, a Man of Hollowell has become a priest in the Church of England. George Frost (26) from a long established Hollowell farming family, was ordained by the Bishop of Brixworth at Peterborough Cathedral in June.

Rev Frost was educated at Guilsborough's C of E Primary School and Academy, from where he went on to study Divinity at Aberdeen University gaining First Class Honours in 2017. He then joined the Church of England's Ministry Experience Scheme in the Isle of Man and completed training at Cranmer Hall, part of St. John's College Durham.

In younger days after his Christening by the then Vicar Rev John Tarrant, George was a Jack-of all-Trades at St. James's Hollowell, from cleaning and polishing pews to helping grandfather George Leatherland with auctions of produce after the Harvest Festival and hand pumping the organ when mice ate its bellows. His exploits there formed part of his Duke of Edinburgh Scheme Bronze Award.



Young George with the Rev Tarrant

Rev. George Frost has now taken up his first appointment, based at Silverstone. Look out for him at the British Grand Prix !

HOLLOWELL BONFIRE 2021 CANCELLED

The Hollowell Steam & Heavy Horse Show Committee are very sorry to announce that this year's Bonfire Party has been cancelled due to the ongoing uncertainties posed by the Coronavirus situation. We know that many people will be disappointed that we have taken this decision, but we will now be concentrating all our efforts on next year's events.

HOLLOWELL NEWS

BIRDING NOTES



As I write, Common Swifts are present over Hollowell and the surrounding villages and countryside. For me they are the sight and sound of an English summer: tearing low across the rooftops or, in fine weather, circling high overhead with rapid wingbeats, their thin 'swEEEEEE' calls revealing their presence when they're out of sight. A thrilling sight and sound that never fails to make me smile; and one that is all too brief: they join us in May and have mostly departed on their southward migration by August.

Swifts spend most of their lives on the wing. The scientific name *Apus* is derived from the Greek 'A pus' - 'without feet'. Swifts do in fact have feet, but they are very small and generally tucked away to reduce aerodynamic drag, one of many ways in which the Swift has evolved the perfect form and structure for life in the air. A young bird leaving its nest has only one attempt to take to the air (unless rescued it's unlikely to survive a crash-landing) – and once it has done so it may not land again for nine months, perhaps longer. Swifts feed and drink on the wing; they also at times sleep and even sometimes mate on the wing, so outside the breeding season they will land only very rarely. In the breeding season the sparse nest materials they add to their nest cavities are things that can be gathered from the air, including feathers, seed fluff, leaves or scraps of paper (a bus ticket was found in one nest). Their diet consists

entirely of insects and airborne spiders captured in flight, in Europe 500 species of prey have been recorded.

According to the British Trust for Ornithology, the UK Swift population declined by 51% between 1995 and 2015, with the rate of decline increasing in recent years. While the reasons for this are not fully understood, it seems likely that a reduction in availability of insect food is a factor, as is a loss of breeding places, as modern buildings typically have fewer suitable cavities and access points. Many new building developments now however include special Swift bricks which allow access to a cavity within, and many companies now make Swift boxes which can easily be attached to existing buildings.

Swifts migrate over huge distances and may live for 21 years. They usually pair for life, although the two birds normally lead separate lives outside the breeding season. They also make significant local 'weather movements'. **They will go to great lengths to avoid rain** and will track around the edge of a weather system, perhaps travelling several hundred miles in the course of a day, even crossing the sea from mainland Europe to England and returning once the storm has passed. They have also been seen heading out over the coast at dusk: observations supported by chance encounters by aviators and radar tracking have shown that they roost in flight over the sea where rising warm night-time air allows **them to circle with less effort. In a Swift's lifetime it may travel 770,000 miles, the equivalent of 3.23 trips to the moon.**

We often think of them as 'our' Swifts - I know I would if I was lucky enough to have them breeding in the roof of my house - but in reality they spend most of the year in sub-Saharan Africa, feeding on the abundant insect life present above the rainforest and savannah. **As Charles Foster writes in his new book 'The Screaming Sky': "it is always summer for them".**

Sources / further reading: *The Screaming Sky*, Charles Foster, 2021. *Swifts in a Tower*, David Lack, 1956.

Jon Cook, 5th July, 2021.

joncooknorthantsbirds@gmail.com

HOLLOWELL VILLAGE HALL LOTTO

The May/June winners are:

Helen Brown
Phillip Litchfield
Alan Winterburn
Sally de Claremont
Alan Eaton
Sue Tomlin
Rachel Woolcott
Katherine Willson.

Please contact Becky Gane if you would like to take part:
beckyjgane@gmail.com

Numbers are £10 each.

All funds raised will go towards the maintenance of the Village Hall.

HOLLOWELL NEWS

HOLLOWELL AND TEETON PARISH COUNCIL NEWS

"We'll Meet Again" – Not absolutely sure where but a good idea when:

It is hoped that with the removal of Covid 19 restrictions from 19 July 2021, Hollowell Village Hall will be available as the venue for future Parish Council Meetings as these can no longer be held 'virtually'.

Meetings are planned to be held on the following dates and will usually commence at 7:30 pm:

Wednesday 15 September 2021

Wednesday 17 November 2021

Wednesday 19 January 2022

Wednesday 16 March 2022

Check the Parish Council web site:

<https://www.hollowellandteeton.org.uk/parish-council-meetings>



Hollowell Sailing Club has had a busy and enjoyable early Summer season welcoming new members, running training courses, and getting to know new craft—Stand Up Paddleboards! Although the Open Day was sadly cancelled due to ongoing Covid restrictions, the club has managed to support member sailing, windsurfing and paddleboarding safely.

The next Royal Yachting Association Dinghy Sailing Training course for adults takes place on Saturday 4th and Sunday 5th September. Places are filling up so book now if interested. Visit the website at www.hollowellsc.org.uk and subscribe to the monthly newsletter to receive news direct to your inbox.

For membership enquiries contact Ruth Cross by email at: membership@hollowellsc.org.uk.

RUNNER WITH A MISSION

Becky Gane recently completed the Milton Keynes Half Marathon and has even more ambitious plans...

"I have suffered with some form of headache from my late teens. It was only recently that I was diagnosed as a Chronic migraine sufferer.

"This is why I have chosen to run the London marathon 2021 for the Migraine Trust to help raise awareness about headaches/migraines and also raise much needed funds to help in the research and the support they offer to those that suffer with them.

"I recently ran MK half marathon as part of my training, and have a few more halves before the main event, the London Marathon in October. Due to my headaches, training is slow, but I am determined.

"If you can sponsor my London Marathon and help support a great charity I will be so grateful. My Target is £3,000."

[Justgiving.com/Becks-78](https://www.justgiving.com/Becks-78)

Facebook Becks VLM 2021 running for the migraine trust.



HOLLOWELL & TEETON NEWS

HOLLOWELL FAFF

A cyclist's tale

A full report on the Hollowell FAFF will follow in the next edition but Crawford Craig wanted to share the following: In a moment of madness I volunteered to sell second-hand bikes during the FAFF if anyone was willing to give me any. I agreed to renovate them and make sure they were safe to ride. I was given about 40 bikes! They might be described as "The Good, the Bad and the Ugly". About 10 of them are destined for the tip, but most of them are eminently rideable and a few are in nearly new condition. A HUGE THANK YOU to all those people who were so generous in giving me one or more bikes.



HOLLOWELL YOUNGSTER COMPETES AT ROYAL WINDSOR HORSE SHOW

On Saturday 3rd July, Hollowell resident, 13 year old Jemima Cooper and her pony Prince were part of a team of four representing her school in the National Schools Equestrian Association Show jumping finals at Royal Windsor Horse show. They qualified back in April where they had to win a very large class; they were the youngest team and the only Prep school (Spratton Hall) to qualify against senior school rivals.

To qualify was a dream, but in the final the team rose above all expectations and finished on a 0 score, all safely home with all fences up. This secured them an awesome 7th place. To put in perspective, only the top 20 schools who have previously qualified throughout the country are invited to compete at Windsor and to end up in the placings was phenomenal. Well done Jemima and co!



HOLLOWELL NEWCOMERS

Welcome to Simon and Liz Hunt and son Jack who have moved into Hollowell Manor, to Nick and Bo Wilson who have moved to Teeton Hall, and Ben and Katie Wells at The Cottage, Creaton Road.

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THORNBY NEWS

BIRTHDAY GIRL SHARES GOLDEN MEMORIES

Thornby's longest serving resident, Ivy Hayes will celebrate her 98th birthday on 28th July. Ivy Bott was born in Naseby and her parents moved to Thornby when she was one, thus Thornby has always been home for her. During a recent conversation with her she painted a picture of lost community rural life in our village. Shortly after coming to Thornby, her parents had her baptised in our village church of St Helen, the vicar using the hundreds of years old font that can be seen and is used today. Ivy was educated in the village school, now the village hall. As she grew up she was a chorister at St Helen and later, joined the **Mother's Union.**

In 1948 Ivy married Keith Haynes who's family owned and farmed Hazelbech Grange. They married at St Helen and had their wedding reception in the reading room, now a private home. The couple lived in various houses in Thornby whilst Keith followed his career as a self employed farm contractor.

During the war, Ivy worked for a ladies tailoring business in Market Harborough, lodging with an aunt during the week. She worked there for a total of about 6 to 7 years. Once married, as was tradition, she stopped working and looked after her house, husband, plus her aging parents. Ivy and Keith shared 57 years of **marriage and together with Ivy's brother, Eric Bott, used to** enjoy attending village events, such as the fetes and summer BBQs held to raise funds for both St Helen and the village hall.

We all wish Ivy a very happy birthday and wish her well as she embarks on her 99th year.



Photos:

Left, wedding at St Helen, Thornby 1948

Bottom left: aged 15, with brother Eric outside Thornby Hall

Below left: enjoying a drink at the Red Lion in the 60s

Below right, celebrating her 90th Birthday



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MESSAGE FROM REVEREND CAROLINE BURNETT, THE UPLANDS GROUP OF CHURCHES



I grew up in a gardening family. When I was a teenager I was baffled that my mum could ever have thought that a trug was a cool birthday present but now I find myself thrilled and excited by a new pair of long handled edging shears and I wouldn't mind a new trug either.

Perhaps it's hereditary or perhaps it's a deep seated human instinct to want to nurture plants and see them grow, very much in the same way that we know the hunting instinct sits not very far below the surface for some people (especially men); all of this taking us back to a time when all our food had to be grown, found or caught.

Visiting Open Garden events in the villages of the Uplands Group of Churches and having organized a similar event in one of my former parishes have taught me that gardening in our society has come to have significance beyond food production, **even if that was originally at the root of it (if you'll pardon the obviousness of the language).** People are passionate about their gardens for so many reasons and often because of the stories that they tell: as families grow up, gardens go from being places where children have grown and laughed and played to being carefully tended works of art; gardeners always know where their plants came from, who gave them to them, sometimes the place and occasion where they took a cutting or a root to bring home; garden ornaments are brought home from days out and

holidays; family pets are buried; loved ones' ashes are scattered – memories are held in all sorts of different ways in gardens. And of course, hours spent alone with our thoughts as we work away **in our gardens means that they've been privy to some of our** most secret thoughts and deepest longings.

In amongst the memories is very often a sense of the spiritual **too, one of my gardeners in my former parish who wasn't a** churchgoer summed up his feelings about his garden with this poem which he quoted (slightly wrongly) from memory and which seems to be quite well known:

The kiss of the sun in the morning,
The song of the birds for mirth,
One is nearer God's heart in a garden
than anywhere else on earth.

In fact, this is from a longer, religious poem by Dorothy Gurney and the correct wording is 'The kiss of the sun for pardon', but **that's not the point; the point is that people's experience seems** to be that in a garden, where very personal stories are told **through memories and through plants, we also find God's** presence, valuing and blessing those stories and memories and helping us to know that as we work to create a little bit of paradise here on earth we are known and loved by the great creator. *Reverend Caroline*



UPLANDS GROUP OF CHURCHES

Family Activity Picnics

THIS SUMMER HOLIDAY, GATHER THE FAMILY, BRING A PICNIC LUNCH, AND JOIN US FOR A TIME OF FUN & OUTDOOR FAMILY ACTIVITIES

ACTIVITIES OVER THE 5 SESSIONS WILL INCLUDE MAKING KITES, BUG HOTELS, PAINTED PLANT POTS, BIRD BOXES, & PAINTED STONES.

ALL YOU NEED TO BRING IS ANY PICNIC FOOD YOU WANT, WE WILL PROVIDE ALL THE ACTIVITIES, AND ALSO HOT AND COLD DRINKS (PLEASE BRING YOUR OWN CUP IF YOU CAN). EVENTS ARE FREE.

11AM - 1PM, THURSDAYS:

- 29TH JULY - GUILSBOROUGH CHURCHYARD**
- 5TH AUGUST - RAVENSTHORPE CHURCHYARD**
- 12TH AUGUST - SPRATTON CHURCHYARD**
- 19TH AUGUST - GUILSBOROUGH CHURCHYARD**
- 26TH AUGUST - RAVENSTHORPE CHURCHYARD**



PLANT A DAFFODIL



In September/October this year we hope to plant lots of daffodil bulbs in both the churchyard and the cemetery. The aim is to offer people the opportunity to remember any loved ones buried in Guilsborough or elsewhere, or maybe those unknown to us who have lost their lives in the pandemic. You may wish to sponsor - as a group - some bulbs on behalf of a village organisation you belong to. Any money raised will be used for the ongoing daily ministry of St Etheldreda's in what has been a very difficult year financially. If you would like to take part, please complete the form below:

YOUR NAME(S)/GROUP

NAME OF PERSON TO COMMEMORATE:

.....

Or:

THOSE WHO HAVE LOST THEIR LIVES IN THE PANDEMIC:

.....(Please tick)

Forms will also be available in the church porch. Please pass forms on to a member of the PCC, hand in at a church service, or copy and paste to hilary.s.worton@gmail.com

- A donation can be in cash in a sealed envelope with the form
- A cheque made out to Guilsborough PCC
- For on-line donations please email our treasurer: milnermd@outlook.com

With many thanks.

Please do come and look at the new daffodils next Spring!

CHURCH ROTA

Uplands Group of Parishes office (answerphone): 01604 743444
 Email: uplandsgroup@btinternet.com

Uplands Group Of Churches – Service Planner August and September 2021							
	1 st August	8 th August	15 th August	22 nd August	29 th August	5 th September	12 th September
	Green	Green	Green	Green	Green	Green	Green
Cold Ashby				9.30 BCP Communion			9.30 BCP Communion
Cottesbrooke	11.00 BCP Communion				10.00 Group Service Cottesbrooke	11.00 BCP Communion	
Creaton	9.30 CW Communion		9.30 BCP Communion			9.30 CW Communion	9.30 BCP Communion
Gullesborough	11.00 CW Communion		8.30 BCP Communion	9.30 CW Communion	10.00 Group Service Cottesbrooke	11.00 CW Communion	8.30 BCP Communion
		10.00 Group Service Spraton	Outdoors@11 5.00 BCP EP	9.30 CW Communion		11.00 CW Communion	Outdoors@11 5.00 BCP EP
Hollowell			11.00 BCP MP	11.00 CW Communion			11.00 BCP MP
Ravensthorpe	8.30 BCP Communion		9.30 CW Communion			8.30 BCP Communion	9.30 CW Communion
Spratton			8.30 BCP Communion	11.00 CW Communion		11.00 BCP Communion	8.30 BCP Communion
Thornby	9.30 BCP Communion					9.30 BCP Communion	

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WANTED

We are looking for a lovely special lady to live rent free in the 1 bedroom flat at the top of Nortoft Grange, in return for a few hours help each week. At this stage Mum, aged 93 really just wants to have the security of someone living in, checking in daily with her that she is ok, and helping her with a few jobs she now struggles with. Someone who was interested in gardening would be a bonus. Must be a driver and non smoker. Please ring Lucy on 07988 800 704



Saxon Spire Patient Participation Group

Summer 2021

SSPPG Meetings : The bimonthly SSPPG Meetings are currently being held on Zoom. Government restrictions allowing we hope to resume meetings face to face in August. The next meeting will be on Tuesday 17th August at 6.30pm. New members are always welcome. If you are interested in supporting the work of the Practice and would like to join the meeting, please contact the Secretary.

Saxon Spire Carers Drop-In : The SSPPG is working with the Practice and Northamptonshire Carers to offer Drop-In sessions for Carers. They will be held on the first and third Tuesday each month 1.30pm - 2.30pm. The next two meetings are as follows:

Tuesday 3rd August, 1.30pm. Government restrictions allowing, the meeting will be held in the grounds of Guilsborough Surgery (venue may be taken inside if the weather is bad). Tea and coffee will be provided and there will be a selection of Wiltshire Farm Foods to sample. Carers and the Cared are equally welcome.

To join the Zoom meeting, contact Kay Giles at Northamptonshire Carers on 01933 677907 or kayg@northamptonshire-carers.org for log-in details.

For more information about the SSPPG contact the Secretary, Barbara Hogg on 01604 880552 or email hoggbc66@gmail.com. There is more information about our meetings and events, on the Saxon Spire website.

ALPHABETICAL ADVERTISERS

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GUILSBOROUGH STUDENT WINS COMPETITION FOR STUNNING WILDLIFE SNAP



'Seal of disapproval' - Wildlife
Category Winner




The 'wonderful charm' of the winning image in a countywide photography competition has landed a Guilsborough sixth-former **first prize and £500** towards art and science equipment for the school.

Year 12 student Isabelle Davies impressed the judges of this year's Northamptonshire Schools Photography Project with her incredible capture of a downbeat-looking seal

which experts said, "demonstrates effective use of photographic skill and understanding of composition and colour".

The image was named the winner of the 'wildlife' category of the competition, run by Uni Connect and Aspire Higher, a partnership of 29 Universities and Colleges which offers outreach programmes to young people in years nine to 13.




7th Annual Photo Show

An exhibition of photographs by local photographers

Saturday 18th and Sunday 19th September 2021
10am-5pm, All Saints' Church, West Haddon NN6 7AP

Free admission each day Cakes, tea and coffee by local charities

Entries are free and open to all photographers
Entry form: email photoshow@whphoto.club or visit www.whphoto.club



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